



# 2010 Friendship Walk Schedule<sup>©</sup>

As of 5/11/10

## January

1	TW	Sacramento
9	FW	Carmichael
16	FW	Auburn
23	TW	San Francisco (Land's End)
30	FW	Roseville (Bea Griffin)

## February

6/7	TW	Vallejo (Mare Island)
13	FW	Folsom
20	FW	Sacramento (Natomas)
27/28	TW	Lincoln

## March

6	TW	Petaluma
13/14	TW	Citrus Heights (Pi Day)
20/21	TW	San Jose (Almadin Lakes)
27	TW	Chinese Camp (Red Hills)

## April

3	TW	Davis (Yolo By-Pass)
10/11	TW	Clayton
17/18	TW	Empire Mine/Nevada City
24/25	TW	Walnut Grove
30/2	TW	Idyllwild (CVA Convention)

## May

30/2	TW	Idyllwild (CVA Convention)
8	TW	Folsom
12	FW	Weimar (evening walk)
15/16	TW	Arnold
21/23	TW	Redding Extravaganza
26	FW	Grass Valley
29	TW	Knights Landing
31	FW	Roseville (Peggy Plummer)

## June

5/6	TW	Sonoma
9/10	TW	Davis (El Macero)
12	FW	Galt
13	TW	San Francisco, Mt. Davidson
19	FW	Elk Grove (Laguna West – Lakes)
23/24	TW	Sacramento (Ice Cream Walk)
26/27	TW	Fallen Leaf Lake

## July

3	FW	Placerville
10	FW	Alameda
17	FW	Sacramento (Sierra Oaks)
24	TW	Bayland
31/1	TW	Santa Rosa

## August

1	TW	Santa Rosa
1	FW	Sebastopol
2	FW	Healdsburg
4/5	TW	Sacramento (Natomas-Old Sac)
7	TW	Benicia
14	FW	Rancho Cordova (Hazel)
18/19	TW	Granite Bay
21	FW	Benicia
28	FW	Canyon Dam
29	FW	Quincy

## September

4	FW	Davis (Southeast)
6	FW	Mt Shasta
7	FW	Silver Falls, OR
11	TW	San Francisco (McLaren Park)
12	TW	TBD (Marin County)-SCS

18/19 TW Sacramento (Talk Like a Pirate)  
 25/26 TW Auburn

## October

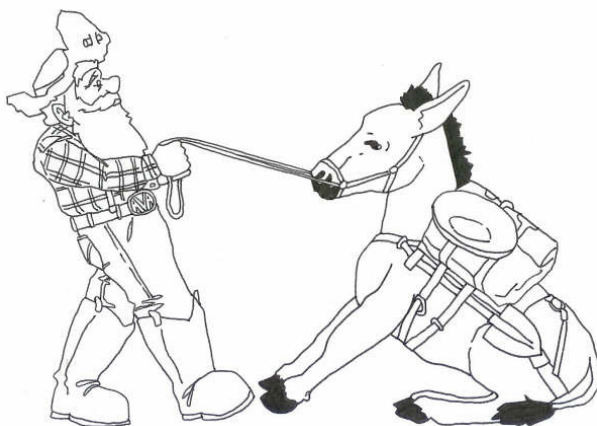
2 TW Reno  
 3 FW Reno  
 4 FW Carson City  
 9/10 TW Davis  
 16/17 TW Redding  
 23/24 TW TBD-VVV  
 30/31 TW Ripon  
 31 FW Modesto

## November

6/7 TW TBD-SGS  
 13/14 TW Camino (Apple Hill)  
 20 TW San Francisco (Corona Heights)  
 27 FW Davis (University)

## December

4 FW Sutter Creek  
 11 TW Monterey  
 12 FW Carmel  
 18 TW Rocklin  
 31/1 TW Sacramento



To A Walk

## Rules of Engagement:

FW in Normal Type = Friendship Walk

**TW in Bold Type = Traditional Walk**

B = Bike event

FXS = Friendship Cross Country Ski/Snow Shoe

Note:

1. An email message will be sent for all walks on this schedule to anyone interested. The message will contain location, time, directions, and trail description with the likelihood of smart aleck remarks.
2. Traditional Walks have a start time window usually between 8:00 AM and Noon. The *COMPASS* has information on these walks, including point of contact. You may subscribe by sending \$15 check to COMPASS, c/o Grace Holloway, 2687 Fria Springs Road, Rescue, CA 95672. (A message will be sent for these walks too.)
3. Friendship (group) Walks will routinely start at 9:30 AM, as long as the weather is cool, and then move to 8:00 AM.
4. Bike outings will not take place in rain, wind or when the route is hazardous. In those cases, bikers will be asked to do the walk. All participants must wear a helmet.
5. Staffing of Friendship Walk events is minimal and provided by other walkers to help expedite registration and get the walk started promptly at about the time indicated. We try to be available a half-hour before the start times given above, but are occasionally tardy. If you get there before help arrives, go ahead and start registration or just have patience. Don't grumble. Ohhh, go ahead if it will make you feel better.
6. This schedule is subject to change, although reluctantly. Check the Placer Pacers web - [www.placerpacers.org](http://www.placerpacers.org) - or Sacramento Walking Sticks' web - [www.sacramentowalkingsticks.org/CalendarOfEvents.html](http://www.sacramentowalkingsticks.org/CalendarOfEvents.html) - for the latest schedule.
7. If you are not receiving the weekly email Walk Alerts, and would like to, send an email to [wayneholloway@wildblue.net](mailto:wayneholloway@wildblue.net).