

Checkpoint Procedures

Club Phone: 916.798.4852

The primary purpose of all checkpoints is for walker safety, not to make sure walkers are doing the complete walk. We are not the Volkssport Police!

If there is an emergency, call 911 first, then call the number above. Make sure injured people are taken care of first. There are procedures the club must complete whenever someone gets hurt – an Incident Report needs to be turned in to AVA.

Please be friendly with everyone, especially new and free walkers. These are the folks who will keep coming back and eventually become members and credit walkers if they have positive early experiences on our walks.

When a walker gets to the checkpoint:

- Ask to see the copy of their Start Card.
- Get the number from the Start Card and put an “X” through the corresponding number on the grid sheet.
- Punch the Start Card with the paper punch provided.
- Check to see that the Start Card is complete. Help the walker complete the Start Card when needed. Ask the walker to point out the new information on the Start Card when they get to the Finish table.
- Return the card to the walker.
- Advise everyone to check in at the Finish table. This is especially true for free walkers since they don’t necessarily understand why they should check in.
- Be sure to offer walkers water and treats when available.

When non-walkers approach and are curious:

- Explain that we are a non-profit walking club.
- Everyone can walk for free.
- No need to be a member to participate.
- Explain that all of our events are non-competitive and self-paced.
- Avoid getting into detailed explanations of the Incentive Program, Volkssporting’s various organizations, and rules. We want folks to come out and walk with us, not scare them off by overloading them with details. Lots of people get the impression that they need to understand all the details before they can walk – keep it simple and easy.
- Offer folks who seem interested any promotional materials that have been sent with the checkpoint supplies.
- Recommend that they go out to the website to:
 - Get more information about the club
 - Check the Calendar of Events for upcoming walks
 - Get on the email Walk Alert list
 - Find out about membership