

**Convention Check in and Start/Finish Table:**  
Hampton Inn, 6248 Redwood Dr., Rohnert Park.

## Hotel

**Hampton Inn**, 6248 Redwood Dr., Rohnert Park.

**Hotel Registration:** Discounted room rates have been contracted: \$169 for a King room or you can get a room with two Queen beds for four people for the same price. Also, a hot breakfast is included.

**Call (707) 586-8700 (do not press 'one', wait on hold) and use code 'SCS' for your booking.** You can also book online at:

<https://group.hamptoninn.com/vl2fyd>

Booking **deadline is March 29, 2024.**

## RV's:

- ✓ KOA in Petaluma – 20 Rainsville Rd. Petaluma, CA 94952  
(707)763-1492
- ✓ Sonoma County Fairgrounds RV Park. 1500 Aston Ave,  
Santa Rosa, CA 95404. (707)293-8410

**SAVE the DATE!!**



# 2024 CVA Annual Convention

**Rohnert Park, CA  
April 26-28, 2024**

Hosted by  
**Sonoma County Stompers /  
Vaca Valley Volks**



**AMERICA'S  
WALKING CLUB**  
— ESTABLISHED 1976 —



For more information, visit  
<https://my.ava.org/find-an-event.php>

(Search by state - California)

**VOLKSMARCH:** A Volksmarch is simply a walk along a pre-marked route. These walks are non-competitive & non-timed. This makes them excellent recreational events for the entire family. Children under the age of 12 must be accompanied by an adult. Anyone who pays the registration fee & completes the distance will receive the event credit.

**Start table address and hours:** Hampton Inn Breakfast area, 6248 Redwood Dr., Rohnert Park, CA 94928. Friday: Noon-4:00pm, Saturday: 9:00am-Noon, Sunday: 9:00am-Noon.

**Walk 1: Rohnert Park. 5K & 10K rated 1A.** Easy for strollers and wheelchairs. Pets OK. (R-to-T, VET, UNIV, STEP)

**Walk 2: Cotati. 5K & 10K rated 1A.** Not recommended for strollers and wheelchairs. Pets OK. (VET, PAR, STEP)

**Walk 3: Santa Rosa. 5K & 10K rated 1A.** Easy for strollers and wheelchairs. Pets OK. (R-to-T, VET, PAR, STEP)

**Walk 4: Sonoma. 6K with Labyrinth rated 1A.** Easy for strollers and wheelchairs. Pets OK. **Note:** *This walk is about 23 miles from Rohnert Park.* (R-to-T, VET, PAR, STEP)

**Walk 5: Calistoga. 5K with Labyrinth rated 1A.** Easy for strollers and wheelchairs. Pets OK. **Note:** *This walk is about 25 miles from Rohnert Park.* (R-to-T, PAR, STEP)

**RESTROOMS AND WATER:** Restroom and water available at the start/finish and along the trails. Pets are OK on all events.

**DISCLAIMER:** Walk events will take place regardless of the weather conditions. The sponsors are not liable for accidents, thefts and/or material damage. Reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event. A waiver must be signed by those participating in any event. A parent or guardian must sign for children under 18.

**KEY EVENTS / TIME / LOCATION:**

**Convention Check-In: Hampton Inn, 6248 Redwood Dr., Rohnert Park.** (Times for attendees to pick up name badge, meal ticket and walk directions. **Friday, April 26 – 1:00-4:00pm / Saturday, April 27 – 9:00am-noon / Sunday, April 28 – 9:00am-Noon**

**Meet & Greet (free): Friday, April 26 from 5pm-6pm**  
Hampton Inn Breakfast area, 6248 Redwood Dr., Rohnert Park.

**Saturday CVA business meeting:** Garden Room, Community Center, 5401 Snyder Ln, Rohnert Park. Meeting 1:00pm-4:00pm

**Group Dinner: Saturday, April 27 at 6pm (pre-registration only)**  
Mary's Pizza Shack, 101 Golf Course Dr. Rohnert Park.

**Delegate registration: Saturday, April 27 12:30pm-1:00pm.** Garden Room, Community Center, 5401 Snyder Ln, Rohnert Park.

Pre-Registration form with payment must be received by **April 12, 2024**

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/ZIP \_\_\_\_\_

Phone \_\_\_\_\_ e-mail \_\_\_\_\_

Make your check/money order payable to Sonoma County Stompers (no cash please) and **mail to:** Sonoma County Stompers, c/o Marilyn Nasi, 110 Valley Lakes Dr, Santa Rosa, CA 95409-6237

Sorry, no refunds for no-shows. **FOR MORE INFORMATION,** please contact Marilyn Nasi, 707-486-8528..

**Walk 1:** IVV Credit \$4\_\_\_\_How many?\_\_\_\_Total \$\_\_\_\_\_

**Walk 2:** IVV Credit \$4\_\_\_\_How many?\_\_\_\_Total \$\_\_\_\_\_

**Walk 3:** IVV Credit \$4\_\_\_\_How many?\_\_\_\_Total \$\_\_\_\_\_

**Walk 4:** IVV Credit \$4\_\_\_\_How many?\_\_\_\_Total \$\_\_\_\_\_

**Walk 5:** IVV Credit \$4\_\_\_\_How many?\_\_\_\_Total \$\_\_\_\_\_

**Friday Nite Meet & Greet (free) Yes or No (please circle one)** If Yes, how many \_\_\_\_

**Saturday, April 27 - 6 pm Group Dinner - \$35**  
How many?\_\_\_\_Total \$\_\_\_\_\_

Mary's Pizza Shack, 101 Golf Course Dr. Rohnert Park.  
*(Dinner will be a choice of Lasagna or Chicken Alfredo or Italian Sausage Penne and salad and a dessert. **Payment due by April 12, 2024.***